

CHOICES FOR FAMILIES

Are you pregnant?
Do you have a child 5 years or
younger?
Would you like help with
parenting?



A program of

Child & Family
RESOURCES, INC.

Making Children's Lives Better

In collaboration with
Maricopa County
Department of Public Health Services

700 W. Campbell, Suite 3
Phoenix, AZ. 85013
(602) 234-3941
www.childfamilyresources.org

**It's FREE
with no
income
eligibility!**

Why Choices for Families?
Parenting offers many challenges, especially if you're a teen parent. Sometimes those challenges can be overwhelming.

Choices for Families offers a family support and parenting education program that provides support services to expectant parents and parents with children 0-5 years of age. It is designed to help parents reduce stress, enhance family functioning, promote child development and positive parent-child interaction

What Can Choices for Families Do For My Family?

A family support specialist will visit your home and help make parenting a positive and enjoyable experience.

**We teach
parenting skills
and life
management
skills!**

Who Can Participate?

Teens in the north Phoenix area who are expecting or are parenting a child ages birth to 5 years. But we don't just serve teen parents! Any family with children 5 years or younger can take advantage of Choices for Families.

**CHOICES FOR FAMILIES
IS MADE POSSIBLE BY:**

First Things First
North Phoenix
Regional Partnership Council

**CHOICES FOR
FAMILIES IS A
CHOICE — YOUR
CHOICE TO MAKE A
DIFFERENCE IN
YOUR LIFE AND
YOUR FAMILY'S LIFE.**

If you would like more
information about
Choices for Families, call:

(602) 234-3941

ex. 27

Monday-Friday
8:30 a.m.-5:00 p.m.